

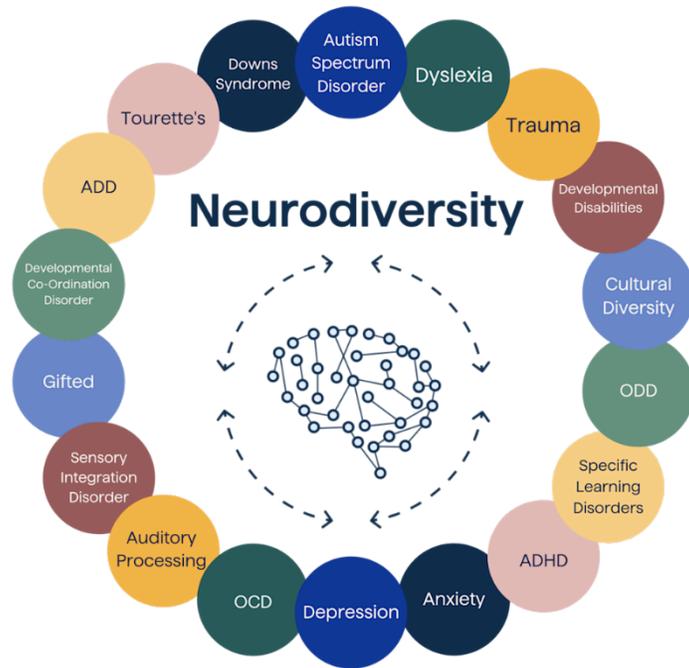
## Neurodiversity Session 2

### Vocabulary Words

**Ableism-** A set of beliefs of practices that discriminate against people with physical, intellectual, or psychiatric disabilities that often rest on the assumption that disabled people need to be “fixed” in one form or another.

**Discrimination-** Being treated unfairly and unequally for a specific reason.

**Stigma-** The negative judgment of people due to particular traits or behaviors they have.



### Notes/Questions

### Resources

- Soph White shares her particular experience in worship as one person on the autism spectrum with ADHD (or AuHDH) at <https://churchanew.org/blog/posts/soph-white-sensory-issues-in-the-worship-setting>
- Definitions are from *Blessed Minds: Breaking the Silence About Neurodiversity* by Sarah Griffith Lund (2025), Chalice Press, pp. 50-51.

Reflection section with question or comment

